



wh

wild hearts

relationship coaching

ERIN KYNA

# hello beloved

I am Erin Kyna, coach, healer, teacher and mentor.

It is my deepest passion to empower you to thrive in your relationships, to feel fully met, to feel cherished, and to attract the quality of relationships you most desire. And of course, all of that is a reflection of the relationship you have with yourself.

I have experienced nearly all styles of relationship dynamics throughout my life, and nothing lights me up more or makes me more passionate than helping people have the relationship of their dreams, the relationships that are unique and perfect for them, because it truly is possible.

Relationships are often one of the most neglected areas of people's lives. We expect to meet someone, fall in love, and it will be easy.

But relationships are far from easy. However, with the right tools, the skills, the self worth, and the understanding, our relationships can go from average or below average, to exceptional.

If you are ready, to do the deep inner work required to transform your inner relationship, whether as an individual, or with a partner, then get ready for all your

relationships to uplevel as well.

If you're single, get ready to attract a whole new calibre of partner.

If partnered, get ready to experience the expansion you've been craving.

Get ready for deeper intimacy, more trust, more freedom, more belonging, more 'this feels so good it's hard to believe it's true'.

This work isn't easy. You will have to look deep inside at your wounds, your fears, your past experiences. You will have to forgive, apologise, and befriend yourself, and possibly others. You will have to let go of anything that is not in alignment, and step away from convention, to create the unique relationship that works for you.

That means that friendships may end. Relationships may change and transform. Things that you accepted previously for yourself will no longer be satisfying. You will have to learn new boundaries, present a new you to the world. You will need to step into the void, into the unknown, in order to create the new. On the other side of the void and the letting go... are the relationships of your dreams.

*this expansion will ask of you:*

More courage to face yourself than you've ever mustered.

More faith to walk away from the things that no longer serve you, than you have had before.

More bravery to step away from convention, to build a path that's unique and right for you.

More tenacity to push through when things can seem insurmountable.

More strength than you have previously known to continue to show up, when it feels easier to give up.

More vulnerability to drop your masks and identities and to stand proudly in the world and say - THIS IS ME.

The most beautiful part of this is, when you find that courage, faith, tenacity, vulnerability and strength, you will be richly rewarded.

You will experience more love in your heart than ever before.

You will experience more trust in life than ever before.

Relationships will feel more 'right' than ever before.

You feel more sense of belonging and freedom than ever before.

I know how difficult relationship upheavals can be, because I have done it so many times. I have moved from dysfunctional, codependent, and unhealthy relationships, to high calibre, healthy, high quality relationships, that are customised and fit uniquely. I do this work, myself, time and time again, and I continuously attract new relationships that are beyond what I ever knew I could have.

If you are feeling ready, and you are willing to do the deep inner work, and create real and lasting change in your relationships, it would be my absolute honour to guide you on this path beloved, and walk with you through the darkness to the immeasurable light on the other side.

I invite you to apply for wild hearts.

All my love, eternally,

Erin xx



# wild hearts is for you, if ...

You're sick and tired of facing the same old patterns in relationships that keep you stuck in a loop that leaves you unmet, unsatisfied, unloved, and afraid to leave.

You know you're here to experience a deep love, and yet what you experience feels unsatisfying and frustrating.

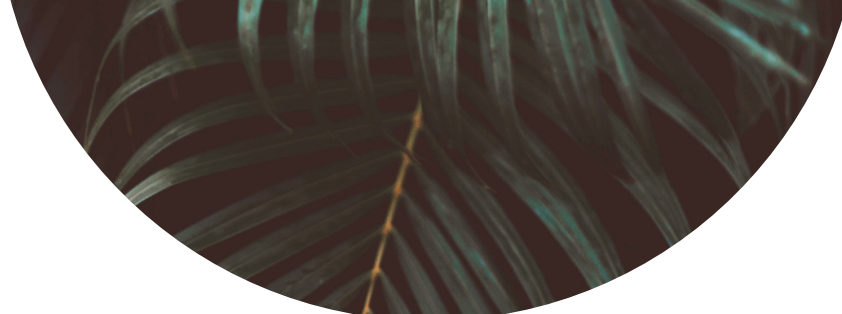
You try to create change in your relationships, but get met with the same old resistance or lack to true change from your friends or partners.

You're always feeling like you need more. More love, more attention, more time, more connection, more understanding... But you never seem to get it.

You feel like traditional relationship models just don't work for you and you're craving something else.

Your relationships feel more like hard work, than a nourishing place to land.

You resist convention and you know you're not here to fit in a box or prescribe to other's ideas of what relationships are meant to be.



# wild hearts is for you, if ...

You know what your patterns are, but you just can't seem to shift them, no matter what you try.

You feel like there is no more time to waste... time is passing, and you want the love you've always dreamt of.

You're sick of dating duds, it feels like there's no good ones left in the dating pool.

Traditional relationship models (monogamy, heteronormativity etc) just don't work for you.

You're an all or nothing kind of person, when you're ready, YOU'RE READY. You are ALL IN.

You know YOU hold the key to your potential, and you take full self responsibility to make it happen.

You're ready to leave all you've known behind and bravely carve a path that works for you.

You're ready to listen to that small voice inside that has been saying 'there is more'.



# wild hearts is not for you, if ...

You don't see that investing in yourself as the greatest investment you can make into your life satisfaction.

You are just beginning your self awareness journey and don't really understand what I've been talking about.

If you think you know it all already and hold onto your current beliefs with righteousness.

You'd rather choose easy, than work hard for results.

You'd rather turn away from difficulties, than pick yourself up, dust yourself off and try again.

You don't go 'all in'.

# I have seen all sorts of relationship transformations with my clients:

- ✓ Soulmate love shows up (and effortlessly)
- ✓ Babies (SO many babies! Some of them are miracle babies!)
- ✓ Marriages
- ✓ Toxic relationships and marriages ending in healthy ways.
- ✓ Sexual awakenings and new sexual partners/explorations/expressions.
- ✓ Relationships open or diversify successfully and healthily.
- ✓ Radical authenticity of new identities and sexual expressions/orientations.
- ✓ Old relationships upleveling and transforming unrecognisably into something new and unique.
- ✓ Whole new levels of intimacy and trust in existing relationships
- ✓ Friendships blossoming
- ✓ Whole new communities of friends and like minded allies.
- ✓ Conflict massively reduces and is replaced with more peace and harmony
- ✓ Greater communication and finally feeling heard and valued

*I invite you to apply for wild hearts*

Over the last ten years I have spent close to \$100,000 on my own personal, spiritual and sexual development and education. I blend together over a decade of prioritising my own growth and learning, together with my priceless lived experiences, across philosophies, religions, sciences, and sacred sites all over the globe.

Whether you are single, an individual ready to do the work, both partners ready to do the work, or poly/open/throuple or any relationship style, Wild Hearts is suitable for you.

Together, we design a unique and entirely personalised curriculum, designed to meet you exactly where you currently are and get you to where you are destined to go.

*Course curriculum is uniquely designed for individuals or couples and includes:*

Mind coaching, and consciousness development (your consciousness is the key to everything)

Spiritual and energetic healing, grounded in science (truly heal from your past relationships and childhood)

Sexuality coaching

Epigenetics profiling (understanding yourself on a genetic level and understanding EXACTLY what you need in your relationships and how to get it)

Inner child and ancestral healing (this is where so many of our relationships patterns come from)

Attachment Style reprogramming (finally feel secure, safe and complete inside yourself)

Relationship skills, tools and teachings.

*I'll be with you, hand in hand as you heal and create your dream relationships.*

*Apply now.*



# *investment*

*wild hearts is four months of fast-tracked relationship evolution.*

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## **For individuals:**

3 x 45 min sessions per month, for four months, via video or voice call with 24/7 access to Erin outside of calls (via voice message)

Your investment: \$850 per month, billed to your nominated card, recurring each month.

Or pay upfront \$3,400 and receive additional 'Fuck Yes' bonus call with Erin.

Waitlist deposit: first month of coaching paid in advance.

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## **For couples:**

2 x 45 minute individual sessions each per month plus, 1 x 90 min couples session per month, via video or voice call.

24/7 access to Erin outside of calls via voice message

Your investment: \$1,500 per month, billed to your nominated card, recurring each month.

Waitlist deposit: first month of coaching paid in advance.

Due to the intensive nature of this work, I work with only four clients in any given four month window. If you would like one of these limited spots, please reach out.

If all spots are full, wait list is open.

*apply now*



# client results

It's hard to articulate the value I got from Erin's sessions. If I knew the weight and importance of it for me, **I'd sell everything I own for the opportunity** to have created this bit of peace and understanding for my mind and soul. **It is absolutely priceless.**

I feel as though I have new eyes and I feel so happy and am simply enjoying being alive today. I feel joy and a deeper sense of peace and understanding. An incredible relief from the torture of what I'd known.

Everything played its part I guess leading me to seek out **a healer like Erin, who had the ultimate key.** She was able to create a space for me to **help me shine light on the darkest parts in my heart and understand.** To let go of the anger and suffering and finally integrate all my traumatic experiences.

She has a level of understanding from her own journey and life's work that no amount of academic success, job or money can ever gain.

**She just saturated everything in love until I couldn't resist it anymore.**

She is Truth and working in absolute alignment with her purpose which helps you come back into line with your own. You just can't fake anything around her.

**Erin helped me feel excited about life** and there's not much that can be better than that!

jess





**It is with a loving and tender heart that Erin shares her incredible wisdom** in a way that resonates with you on a soul level.

For so many years I had been looking to others to help solve my problems, to provide me with the answers, and to guide me along the path to happiness. Alas, I had failed to ever meet such a person who can fulfil this tall order, until I met Erin.

However, it was not Erin herself who provided me with all the insights. No, **she managed to give me SO much more** than that. You see through her love and guidance, delivered with a truly perfect mix of care, clarity and humour, **Erin blessed me with a gift in which I will be eternally grateful. This was the gift of Self**, the rediscovery of that part of me which truly has all the answers.

Through my sessions with Erin, **I have been brought to an all new understanding of who I am, what I am about, and what I am truly capable of.** She has introduced me to my own inner guidance and has allowed me to realise the power that comes from the knowing that your only limits in life are those which you place on yourself.

If your heart has drawn you to Erin, do not think that it is by coincidence. **Know that your inner Self is ready to be rediscovered and that it has chosen this remarkable woman to help** guide you on this journey. Take the plunge, trust your heart and choose Erin as your coach, your only regret will be that you didn't find her sooner.

*nathan*



I was stuck in a rut that has outrun its longevity and needed to make a shift, both personally and professionally.

Coaching with Erin has given me the ability to not only accept, but to see the very best in myself and to be true to who I am. Erin sees the light in everyone and comes from a place of pure love and authenticity.

**I have made many extreme shifts.** The most beneficial part is the amount of support I received.

**I have learnt to lead with my heart.**

I believe everyone needs Erin in their life. She is grounded, passionate, and authentic. She has the ability to connect and tap into the very core of what is really going on. **She puts you on a path to achieving results.**

I will be forever grateful for the work that we have done together, and will continue to grow and expand in every way possible. She is a wealth of knowledge, with big open heart.

*kerry*



**My journey with Erin has been THE most profound experience of my life...** filled with heart opening, transformation, deep healing and so much magic. Just being in Erin's presence, has created the most powerful energetic shifts and healing upgrades within my being- more so than any other healing work I've done up until this point

*victoria*

Erin!!! Oh my - I'm feeling the aftershocks of this amazing work still every single day!!  
This has been hands down **the best gift I've ever given myself...** whoop whoop!!!

*jacinta*

# wild hearts



apply now

[LINK TO APPLICATION](#)

